MAKING SENSE OF THE EPIDEMIOLOGICAL LITERATURE: PROBLEMS WITH EPIDEMIOLOGICAL STUDIES OF ECOLOGICAL DESIGN

> D. Wayne Berman, Ph.D. Aeolus, Inc. Albany, CA

> > And

Louis Anthony Cox, Ph.D. Cox Associates Denver, CO

Acknowledgments/Declarations

I would like to thank NSSGA for funding the original research.

The Focus

- A Class of Epidemological Studies of ecological design that use regression to evaluate associations
- The Problem:
 - In such studies, proximity to a source or sources of a particular toxin is used as a surrogate for direct estimates of exposure
 - Thus, such studies involve evaluation of *spatial* distributions
 - Regression analyses are *non-spatial* statistical procedures.
- Approximately 100 studies of similar design addressing a variety of toxins and disease end points have been published and continue to appear

Talk Outline

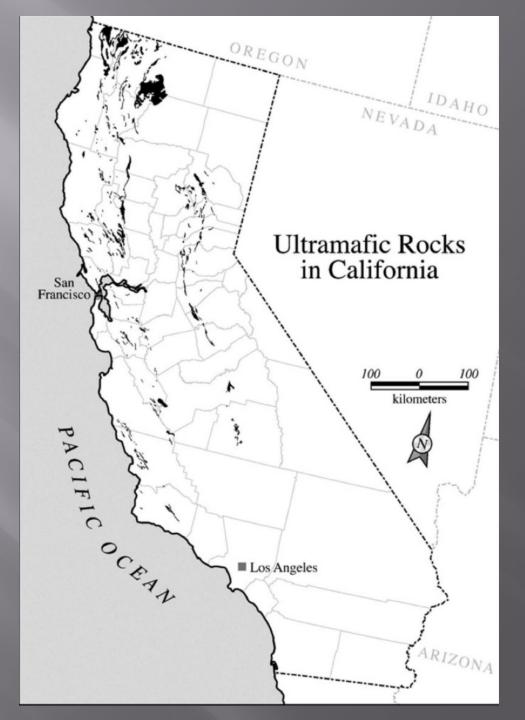
- Illustrate the problem with using regression in epidemiological studies of ecological design
- Summarize the characteristics of real population distributions
- Summarize findings and conclusions from the Berman, Cox, and Popken papers
- Define some useful criteria for detecting these problems
- Identify some useful references describing how to conduct these types of analyses properly

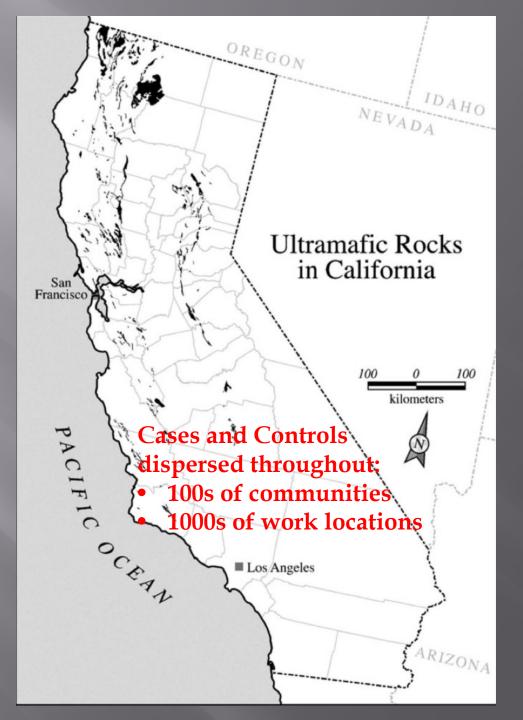
- Mesothelioma risk is positively associated with proximity to ultramafic rocks in California
- **Risk** decreases 6% with each 10 km increase in distance

- Mesothelioma risk is positively associated with proximity to ultramafic rocks in California
- Risk decreases 6% with each 10 km increase in distance
- Unfortunately, the associations observed in this study have nothing to do with causality.....

- Mesothelioma risk is positively associated with proximity to ultramafic rocks in California
- Risk decreases 6% with each 10 km increase in distance
- Unfortunately, the associations observed in these studies have nothing to do with causality.....

.....by the end of this talk, I hope this will be intuitively obvious



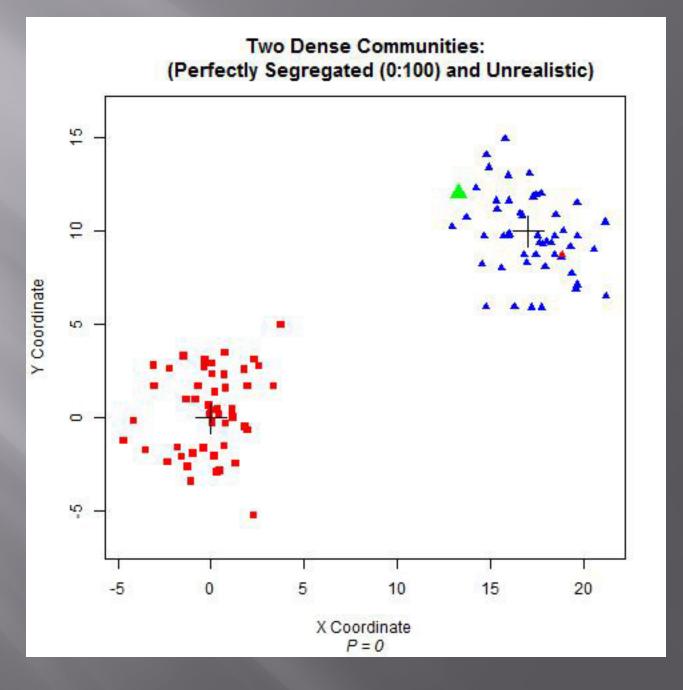


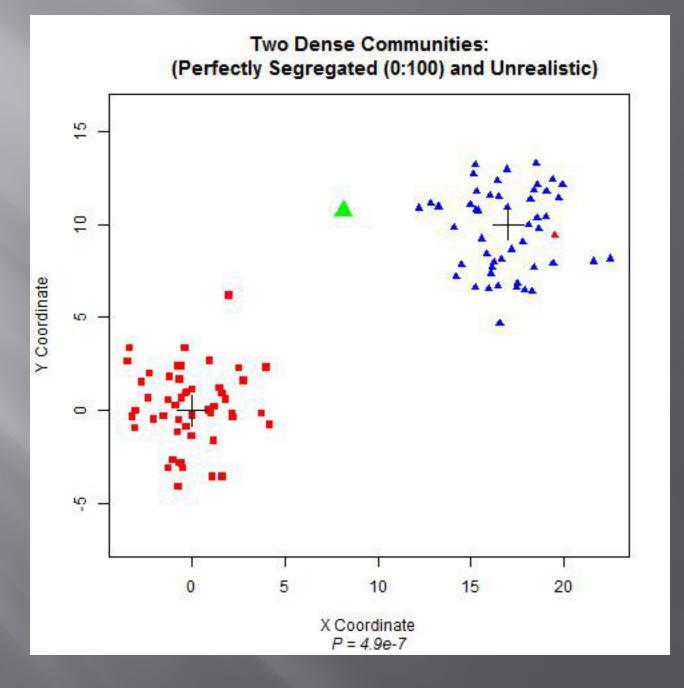
Critical Considerations

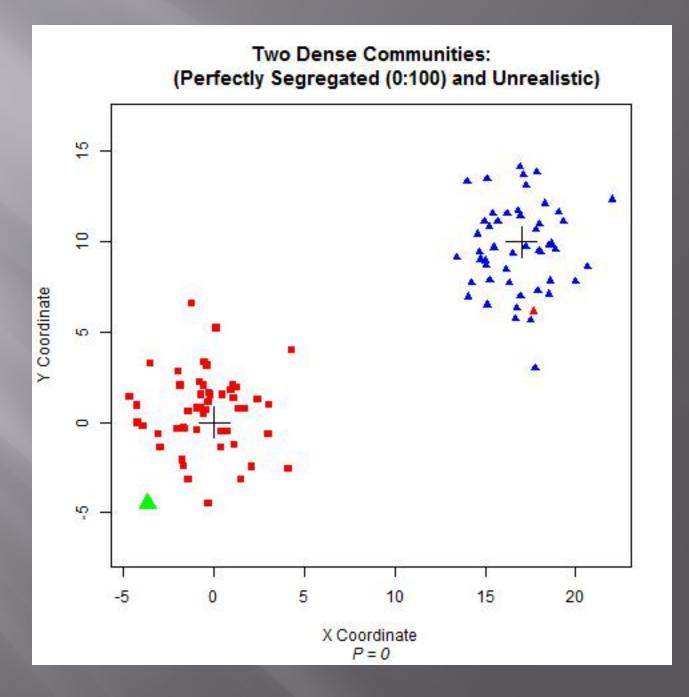
By definition, valid statistical tests show positive results due to chance no more than 5% of the time (meaning of 5% significance).

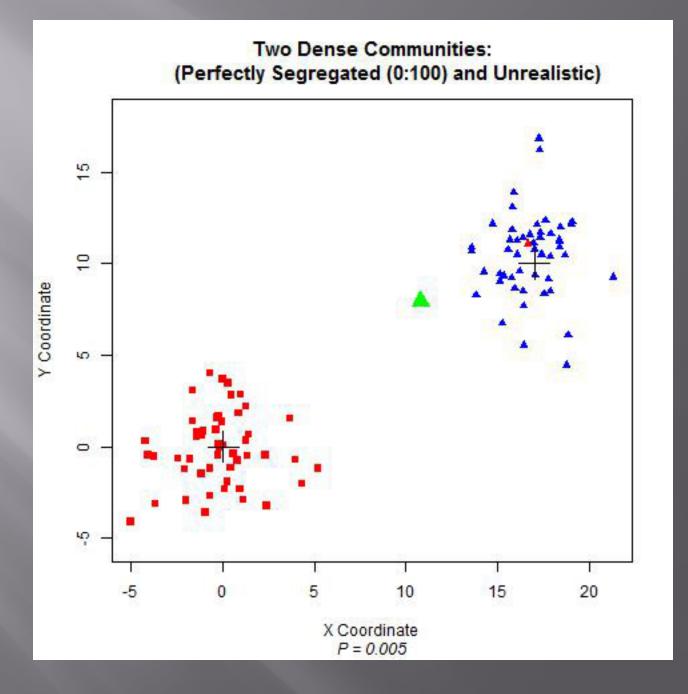
Critical Considerations

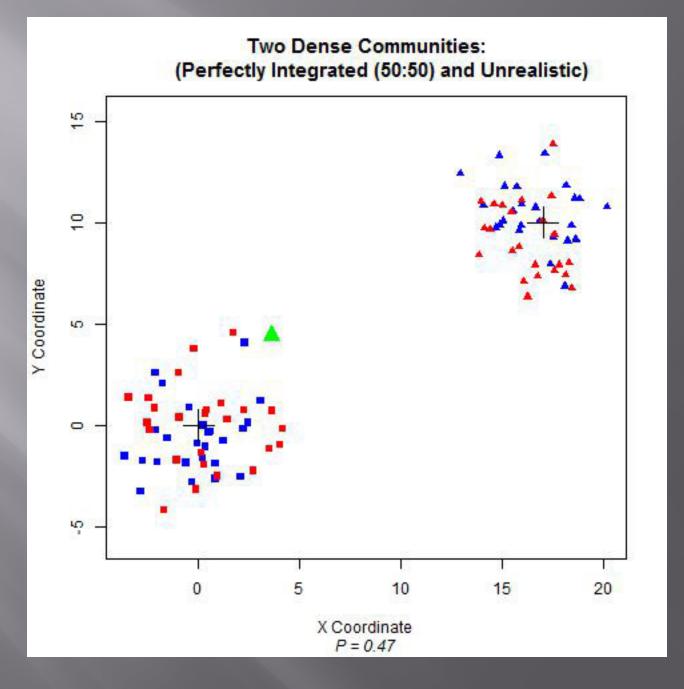
- By definition, valid statistical tests show positive results due to chance no more than 5% of the time (meaning of 5% significance).
- Correspondingly, to infer causality, tests for associations cannot detect non-causal (random) associations more than 5% of the time

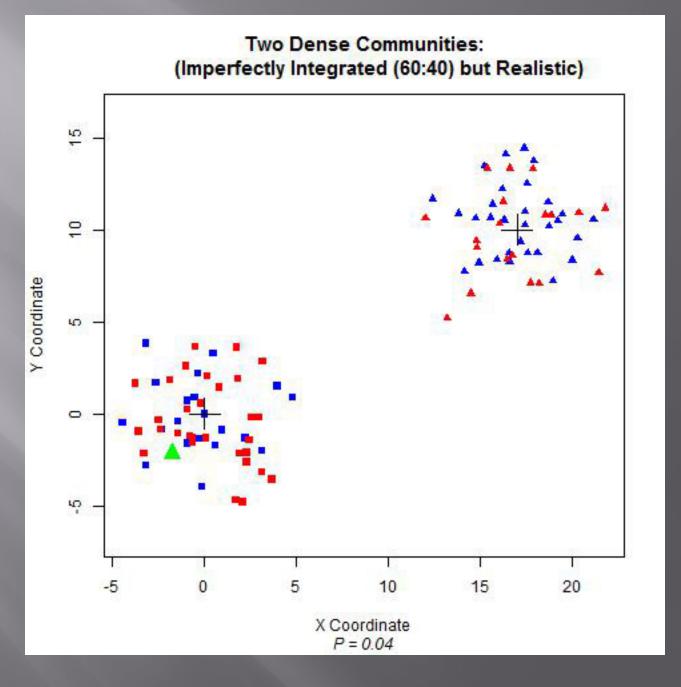


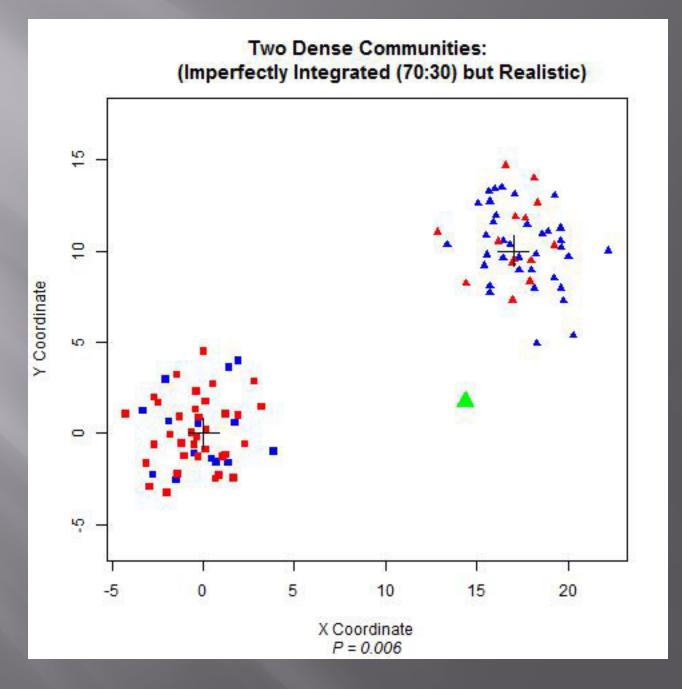


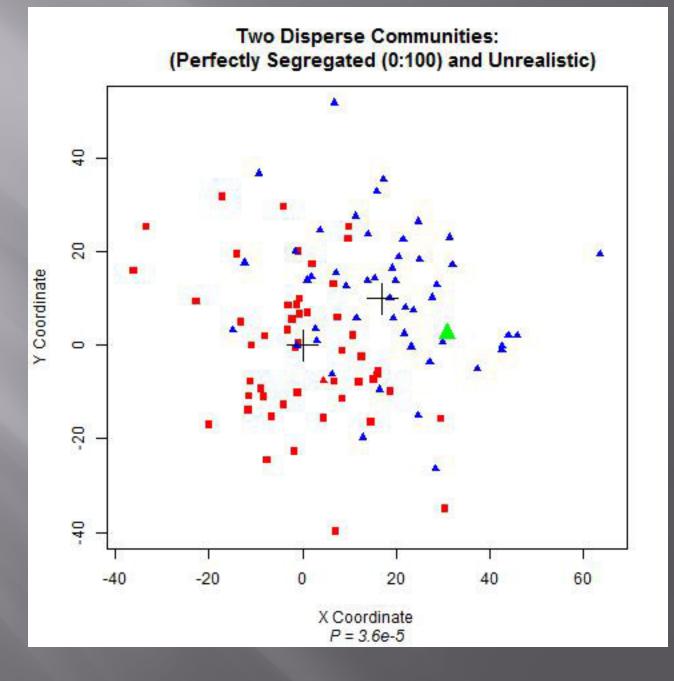


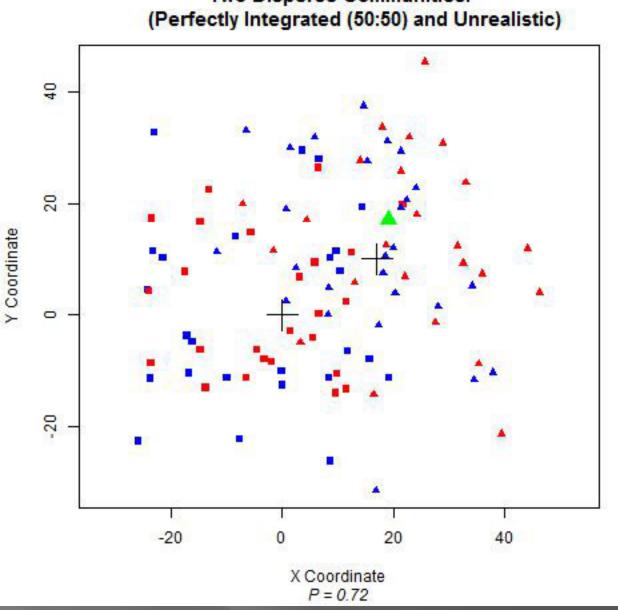




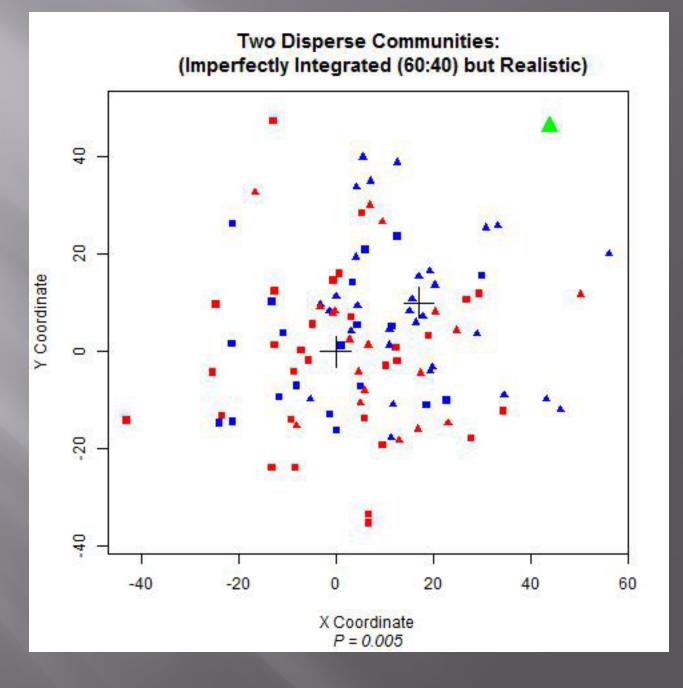


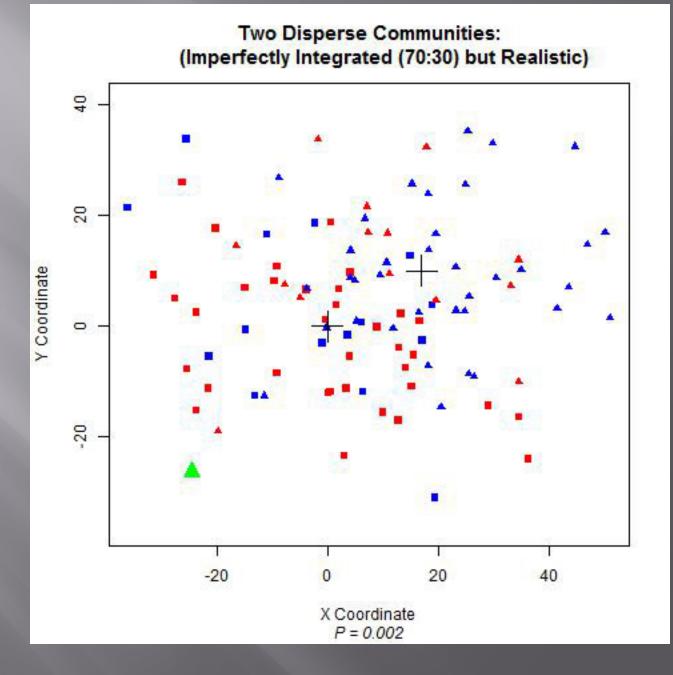






Two Disperse Communities:



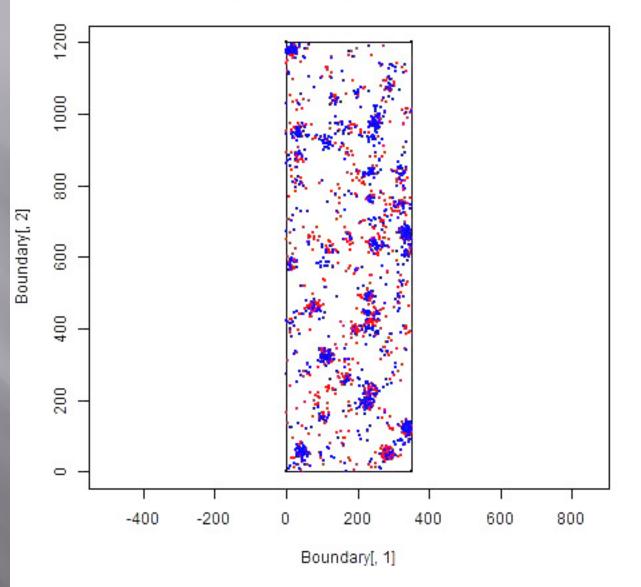


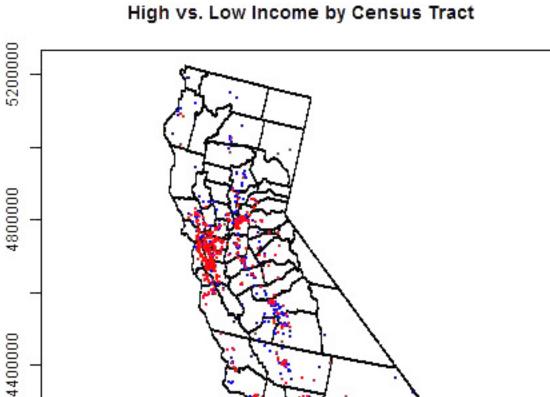
OBSERVED RATIOS OF "CASES" VS. "CONTROLS" FOR INDICATED CHARACTERISTICS AMONG THE 7,049 CENSUS TRACTS AND 58 COUNTIES IN CALIFORNIA

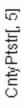
Ratios:	Fraction of Observed Ratios at Least as Extreme as Indicated Ratios							
	Higher vs. Lower	College Degree vs.	White Collar vs.	Caucasians vs.	Caucasians vs. Blacks	Mesothelioma vs. Pancreatic	Kaposi's vs. Pancreatic	Traffic Deaths vs.
	Income	None	Blue Collar	Hispanics				Pancreatic
Census Tract Data								
80/20	23%	26%	22%	49%	52%			0%
75/25	35%	37%	31%	59%	61%			1%
70/30	48%	50%	41%	68%	69%			2%
60/40	73%	75%	67%	85%	85%			47%
50/50	99%	100%	100%	100%	100%	100%	100%	100%
County Data								
80/20	0%	0%	0%	34%	55%	3%	17%	3%
75/25	0%	7%	5%	43%	62%	3%	29%	12%
70/30	5%	24%	10%	50%	66%	7%	38%	29%
60/40	47%	59%	33%	76%	79%	16%	52%	72%
50/50	100%	100%	100%	100%	100%	100%	100%	100%

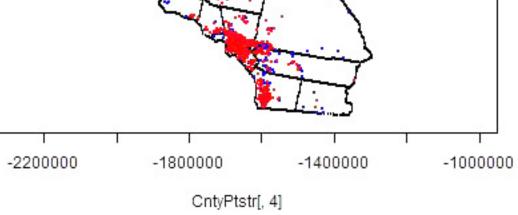
What's going on?











Conclusions

Epidemiological studies with spatial ecological designs typically produce invalid conclusions if regression models are used to interpret exposure-response associations; causality *cannot* be reasonably inferred from these studies.

Note: at least 100 studies of this design have been published and virtually all inappropriately suggest causality.

Useful Criteria: What to Look For in a Study

- Does the study link outcome with exposure explicitly?
- If not, does the study employ appropriate methods of spatial statistics?
- If not, does the study incorporate appropriate negative and positive controls?
- If not, does the study at least attempt to control for all reasonable factors that affect where individuals choose to live?

References

- Berman, D.W.; Cox, L.A.; Popken, D. "A Cautionary Tale: The Characteristics of Two-Dimensional Distributions and their Effects on Epidemiological Studies Employing an Ecological Design." *Critical Reviews in Toxicology.* 2013; 43(S1): 1–25. (doi:10.3109/10408444.2013.777688). Available at: <u>http://informahealthcare.com/toc/txc/43/S1</u>.
- Cox, L.A.; Berman, D.W.; Popken, D. "Causal vs. Spurious Spatial Exposure-Response Associations in Health Risk Analysis." *Critical Reviews in Toxicology.*. 2013;43(S1): 26-38 (doi:10.3109/10408444.2013.777689). Available at: <u>http://informahealthcare.com/toc/txc/43/S1</u>.
- Pan, XL; Day, HW; Wang, W; Beckett, LA; Schenker, MB. 2005. Residential proximity to naturally occurring asbestos and mesothelioma risk in California. *Am J Respir Crit Care Med*. 15;172(8):1019-25. October.
- R Development Core Team. 2011. R: A language and environment for statistical computing. R Foundation for Statistical Computing, Vienna, Austria. ISBN 3-900051-07-0, URL http://www.Rproject.org/. Retrieved: 2/21/12.

Questions