

NEWSLETTER
October 7, 2018

Dear Member:

JANUARY 2019 ANNUAL MEETING INFORMATION

Your meeting registration form is attached, please complete and return to me with your check at your earliest convenience. Remember to complete the information on the back for the White Labs tour. The number of participants will determine the size bus we require. Please return your registration form and check to me no later than December 19, 2018.

The 2019 annual meeting will be held at The Bay Club Hotel and Marina, 2131 Shelter Island Drive, San Diego, CA 92106. A contract was signed and a block of twenty (20) rooms secured and the required deposit of \$1,500,00 made to secure our room rates. The meeting will be held **Wednesday, January 23 through Friday, January 25, 2019** (i.e., the week of the Martin Luther King holiday).

Daily room rates negotiated for single or double are:

- \$139.00 plus 12.5% occupancy tax (\$17.38) = \$156.38 per night. The group rate will be honored for three days pre and three days post conference stays.
- Other available rates - \$149.00 triple, \$159.00 quad, \$229.00 suite - plus the 12.5% occupancy tax.
- Complimentary Parking
- Breaks, lunch for Thursday and Friday, and the banquet selections are discussed later in this newsletter and listed on the registration form. The conference/meeting registration fees are determined by our cost for consumables, misc expenses such as audio feeds, paper charts, etc.
- All rooms offer coffee makers, hair dryers, iron/ironing board, mini safes, etc.
- Complimentary Wi-Fi throughout the hotel
- Access to Pool, Jacuzzi and Fitness Center
- Hospitality suite complimentary three nights, and \$139.00 plus 12.5% occupancy tax for extra night
- Meeting Room complimentary
- Complimentary airport and AMTRAK shuttle service is available from 5:00 AM to 10:00 PM daily by calling the hotel direct at **(619) 224-8888 after** your luggage has been claimed.
- USA Today and complimentary coffee served in the lobby.
- Members voted to return to this venue at the 2018 business meeting. The Bay Club hotel staff is superb, very attentive to our needs, thereby contributing greatly to make our annual meeting successful and memorable.

Please make your hotel reservations as soon as possible so, if needed, I can request additional rooms at the group rate. To make room reservations call The Bay Club Hotel and Marina at **(800) 672-0800** or

(619) 224-8888. Whichever number you use **you must identify yourself as part of the YPSW-AIHA group attending the Jan 23-25, 2019 meeting to receive the special negotiated rate and have your reservation counted in the YPSW-AIHA room block.** Remember, the hotel will also accept pre and post extensions of stay at the group rate in a limited capacity; check on availability when making your hotel reservations. An advance deposit or credit card guarantee for the first night's room and tax is required for our "group negotiated" rates by **January 2, 2019**; after that date rooms will be on a space and rate availability basis. **NOTE:** Check in time is 4:00 PM, if rooms are ready earlier, you will be accommodated. Early check in and late check out are provided on availability and arrangements must be made with the front desk - some charges may apply.

MEAL INFORMATION

Breakfast will be on your own each day – **it is NOT included in the room rate or meeting registration.** The hotel offers a variety of great selections to start your day.

AM and PM breaks will be available for attendees in the meeting room: mornings - coffee and assorted teas; afternoons – coffee, tea, cookies and soft drinks.

Lunch on Thursday will be a Baja Buffet: Homemade Chips, Salsa Fresca, Guacamole, Carne Asada, Snapper Vera Cruz, Refried Beans, Spanish Rice, Cheddar Cheese, Tomatoes, Grilled Onions, Sour Cream, Flour and Corn Tortillas, Coffee, Ice Tea, Chocolate Cake.

Lunch on Friday will be an Italian Buffet: Caesar Salad, Fettuccini Alfredo, Italian Sausages with Peppers and Onions, Rosemary Garlic Bread, Rolls and Butter; Coffee, Iced Tea; Carrot Cake.

Friday Banquet: We have **three** excellent selections to choose from: (1) 10 oz Cut Filet Mignon Wrapped in Bacon and Finished with a Béarnaise Sauce; (2) Filet of Salmon with Lemon Dill Buerre Blanc Sauce; or (3) a Petite Cut Filet Mignon Finished with a Béarnaise Sauce Served with three Shrimp Scampi Style. All banquet entrees include a Caesar Salad, Oven Roasted Potatoes with Beef and Wild Rice with the Salmon; Steamed Vegetables, Bread and Butter; Cheesecake with Strawberry Sauce; Coffee and Iced Tea. Special selection of wines to be served with the banquet: ***Courtesy of Chris Laszcz-Davis, The Environmental Quality Organization, LLC***. Thank you once again Chris for your generosity.

The banquet will conclude with the fun of auctioning my "Anna" apple pies and Larry Sloan's apple cake (Larry challenged me to a bake-off last year) – so do support this worthy cause...Larry you need to stay for the banquet/auction to promote your delicious apple cake!

FYI: The proceeds from the 2018 auction were split equally with donations to AIHA (Stephen C Davis Memorial Grant) and University of Wyoming (Douglas Davis Memorial Fund – Engineering Dept); the donations were gratefully acknowledged by both organizations. Steve and Doug were avid supporters and contributors to both YPSW and AIHA.

UPDATE ON 2019 MEETING AND TOUR INFORMATION **BY BARBARA DAWSON, PROGRAM CHAIR AND YPSW PRESIDENT-ELECT**

Meeting: The theme of this year's meeting is Total Worker Exposure and we will focus on current challenges facing the industrial hygienist as the profession continues to evolve. Speakers will discuss cumulative risk from multiple exposures both to different agents as well as to exposures on- and off-the job. We'll learn more about sensor technology and the issues associated with how to manage all of the data that are generated. We'll explore the intersection between worker exposure and worker health and discuss the role of the industrial hygienist in all of these areas.

Technical Tour: This year's technical tour is a visit to White Labs, a name familiar to home brew aficionados. White Labs is the primary supplier of fermentation products to both hobbyists and commercial brewers. They started as home brewers looking for higher quality yeast and have grown into a team of biochemists exploring new ways to advance brewing. The mission of White Labs is "to stretch the limits of science in order to set new standards in purity and freshness." We will tour their production facilities and learn about their programs to protect the health and safety of their employees. Following the tour, we'll visit their tasting room and sample some of their products!

EXECUTIVE COMMITTEE NOTES

Minutes from the Executive Committee teleconference meetings on June 15 and Oct 5, 2018 are attached for your perusal. I think this is better than recopying them here.

ANNOUNCEMENT--STEPHEN C. DAVIS MEMORIAL GRANT RECIPIENTS

Chris Laszcz-Davis wrote in email: "*Dear Anna, can you include this in next newsletter? YPSW has been such a wonderful supporter of the Stephen C. Davis Memorial Grant.*

*Steve, who worked globally, would have been so very pleased to know that the Memorial Grant enables our young international leaders to attend the Future Leaders Institute. Four recipients are being honored this year. **The one page announcement Chris provided is attached** - congratulations to their 2018 recipients.*

Many thanks Anna! We sure had two great men in our lives! Chris

SYNERGIST ARTICLE

The Article Bob Lieckfield submitted and was published in the Synergist title "**Closing the Gap Between Curricula and Practice**" is attached for your perusal.

MEMBERSHIP NEWS

A warm welcome to new members **Jonathan Gast, Shelley Carry and Allyson Long** – their contact information is listed below.

2018-2019 Membership Book Changes (Keep your membership book up-to-date):

ADD NEW MEMBERS:

Shelley Carry: MPh, CIH, CSP, CHMM, HEM; Kaiser Permanente, 189 Sherard Lane, Woodbine, GA, 31569. Cell: (808) 228 9569; Email: shelleycarry@gmail.com; **LM**

Jonathan Gast: CIH, CSP; 1 Amgen Center Drive, MS: 25-1-A, Thousand Oaks, CA 91320, Phone: (805) 447-2320. Cell: (512) 923-6802; Email: jgast@amgen.com

Allyson Long: MS, Scripps Institute of Oceanography, University of California San Diego, 9500 Gilman Drive, #0210, La Jolla, CA 92903, Phone: (858) 534-8449, Cell: (619) 277-5215; Email: arlong@ucsd.edu; **LM**

UPDATES EXISTING MEMBERS:

Kelly Bailey: 351 Avalon Boulevard, Miramar Beach, FL 32550

Charles Blake: CIH, FAIHA

James D. McGlothlin: MPh.....; 616 Cascade

Terry Thedell: Delete San Diego Gas and Electric; Phone: (858) 292-1295; Cell: (858) 262-4675

EXISTING MEMBERS UPGRADING TO LIFETIME MEMBERSHIP:

Eric Esswein – LM

Jeff Throckmorton – LM

OBITUARIES

Linda Wheeler, wife of Bob Wheeler lost her six-year battle with cancer – her obituary is attached for your perusal. Instead of flowers, at the family’s request, a donation was made to the Mary Babb Randolph Cancer Center (the gift acknowledgement letter is attached). Also, a fruit/cheese/cracker basket was sent to Bob this past week to let him know we are all thinking of him at this trying time and hope he will be able to join us for the January meeting. In a phone conversation with Bob I encouraged him to attend – his response was positive! Lots of hugs await you, Bob.

William (Bill) Krebs, a long time member of YPSW, two times president who also served on the Board of Directors for three years, passed away Oct 1, 2018. We will all miss his leadership, willingness to accept responsibilities on short notice, and of course, his wit and wisdom. His full obituary is attached is attached for your perusal. Contribution as noted in the Oct 5, 2018 Executive Committee Minutes will be mailed on Tuesday. Renee, you are in our thoughts and prayers during this difficult time – hugs are coming to you from across the miles courtesy of all your friends at YPSW.

WEBSITE

Frank Hearl continues to keep the website current for our enjoyment and information. To view the pictures go to the website, click on “members” on the sidebar navigation menu and then click “Pictures from the meetings (external link)”. If you haven’t checked it out lately – you really should - www.ypswaiha.org. Many thanks to Frank for his continuing dedication in maintaining our website.

Now, a bit of fun - I am still trying to wade through all of Doug’s professional/personal files (hard to believe he passed away 6 years ago). I came across a file folder marked “Nickel Knowledge/Bits of Wisdom/Fun Stories/Smiles” and this article caught my eye. I found it humorous and believe it pertinent to the work we do. I do not know where Doug got it – perhaps one of you sent it to him, so enjoy this **blast from the past**, let me know your thoughts and/or comments and I will publish them in the next newsletter for all to enjoy. **Note: Just keep in mind this is dated 2/94 regarding a prediction for Industrial Hygiene in 2000!**

“INDUSTRIAL HYGIENE IN THE YEAR 2000”

In the year 2000 one significant change will be that licensing will be mandatory. Heavy battles ensued before this decision was reached. National testing will be done in Chippewa Falls, WI with a renewal period of five years.

Women industrial hygienists now outnumber men two to one and there is a total practicing number of hygienists at 28,937. Everyone must wear the mandatory kelly green uniforms much like those worn by Paris street cleaners in 1991.

Hillary Clinton is nearing completion of her second term as first woman president of the United States. Consequently, new rules and regulations tend to slant toward females such as all male contraception.

With so many bright, attractive competitive industrial hygienists now in graduate schools around the country much coupling and marriage exists among hygienists.

Instead of harmony and happiness due to this change there are very high divorce statistics and general mayhem in this group. Recent studies have shown that the pressure of the Super-Duper Information Highway along with all male birth control has led to families of 12 and even 15 children. It seems males are not very good about getting their yearly shots on time.

All this combined stress has taken its toll on these families. Studies also found that dual industrial hygiene couples spent at least two days a week at home working on their individual computers which led to a great deal of nasty bickering as to which programs and computers would do the best job.

Then at 3:30 when these hordes of youngsters return home from school the parents flee to their Communication Room only to stare at their king size Monitor and try to ignore the screams beyond the closed door.

Lack of exercise on the part of these couples along with eye strain, lower back pain, shoulder and neck pain do not lead to the "Golden Age" we all had anticipated with advanced technology.

The hue and cry in these households has become "Whatever happened to the good old days of my industrial hygienist Dad?" He was kept on the road a good part of the time and returned exhausted but happy to be back in his own bed nervously dreaming of how to juggle his per diem to make it come out down to the penny.

I hope this brought a smile to your face as it did mine when I found it – I need to read through more of the many, many items in this folder – I'll re-title the folder "Dougisms". My thanks to the presently anonymous author...if you wrote this, or know who did, please step up to the plate so I can give credit where credit is deserved in the next newsletter.

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A final important gentle reminder: **please make your hotel reservations as soon as possible so, if needed, I can request additional rooms at the group rate.** To make room reservations call The Bay Club Hotel and Marina at **(800) 672-0800 or (619) 224-8888 (Hotel Operator)**. Whichever number you use **you must identify yourself as part of the YPSW-AIHA group attending the Jan 23-25, 2019 meeting to receive the special negotiated rate and have the reservation counted in the YPSW-AIHA room block.**

Reminders:

- Send in your registration form and checks as soon as possible. Remember our meeting registration fees are calculated on our costs for meals, hospitality suite expenses and other incidentals; i.e., everything we consume. We do not actually charge a fee to attend the meeting. So, if you do not register and pay the associated fees, you are on your own for meals. The tour costs are calculated by using transportation and entrance fees.
- In this age of mobile banking the banks are becoming very "picky" about signatures on checks. Please be certain your signature does not "dip" down into the bank account number – or it will be rejected and returned causing a "returned check" fee, which I then pass on to you for reimbursement. This has happened to one of our members, so heed the warning and be extra careful when signing checks.
- The Hospitality Room will be open Tuesday evening for early arrivals.
- If you are unable to attend the January meeting, please send your regrets to my email address. I will, as usual compile all your messages and share them with the membership. If you cannot be with us in person, we appreciate your greetings.

Our YPSW members form a close-knit group of friends making our organization a continuing success. Your input and cooperation keeps YPSW alive and flourishing. Information about your family/friends

(parents/grandparents are allowed to brag on their children/grandchildren, siblings, etc.), travels, health, retirement advice, interesting tidbits, perhaps a recommendation on a good movie you saw, a book you read, an interesting website or any other subject you wish to write about that would be of interest to our members, is always welcomed for publication.

My deep appreciation to Barbara Dawson for volunteering and reformatting her program into the regular YPSW format. I was simply overwhelmed at the time with YPSW responsibilities and personal matters. Her willingness to step in, and my gratitude, cannot be adequately expressed in words. Barbara, you are now my heroine.

I hope each of you have happy, safe and very enjoyable celebrations for Thanksgiving, Christmas, watch the ball drop on New Year's Eve and have a prosperous New Year surrounded by family and friends. Don't miss the opportunity to visit family and friends whenever possible – life is too short to put off important things.

Be an active member of your community watch group –you and your neighbors are what make a very successful and safe community. With the holidays approaching, thieves will no doubt redouble their efforts to steal any unattended packages/mail left at your doorstep; and, of course always put packages in the locked trunk of your car while out shopping. Don't make thievery easy for these unsavory folks.

Happy travels, stay safe and always be extra aware of your surroundings when you are out and about.

I look forward to seeing you all in January in beautiful San Diego.

Very truly yours,

Anna V. Davis
Secretary-Treasurer

Enclosures:
2019 Meeting Registration Form
2019 Preliminary Program
Minutes EC Mtgs June & Oct 2018
Announcement, Stephen C Davis Memorial Grant Recipients
Synergist Article by Bob Lieckfield
Obituary Linda Wheeler and Gift Acknowledgement
Obituary Bill Krebs