## Occupational Health and Safety in the Design and Construction of Projects

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School of Civil and Construction Engineering Oregon State University AIHA Yuma Pacific Southwest Section 43<sup>rd</sup> Annual Meeting

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Yuma Pacific Southwest Section

#### The Importance of Design

"Things alter for the wrong spontaneously, if they be not altered for the better designedly."

Francis Bacon (1561-1626), British author, statesman, philosopher, and scientist



#### A Focus on Ethics

- National Society of Professional Engineers (NSPE) Code of Ethics:
  - "Engineers shall hold paramount the safety, health, and welfare of the public."
- American Board of Industrial Hygiene (ABIH) Code of Ethics:
  - "First and foremost, ABIH certificants and candidates give priority to health and safety interests related to the protection of people....."



american board of industrial hygiene'



#### Supporting Research

- 22% of 226 injuries that occurred from 2000-2002 in Oregon, WA, and CA related to design<sup>1</sup>
- 42% of 224 fatalities in US between 1990-2003 related to design<sup>1</sup>
- 60% of fatal accidents resulted in part from decisions made before site work began<sup>2</sup>
- 63% of all fatalities and injuries could be attributed to design decisions or lack of planning<sup>3</sup>

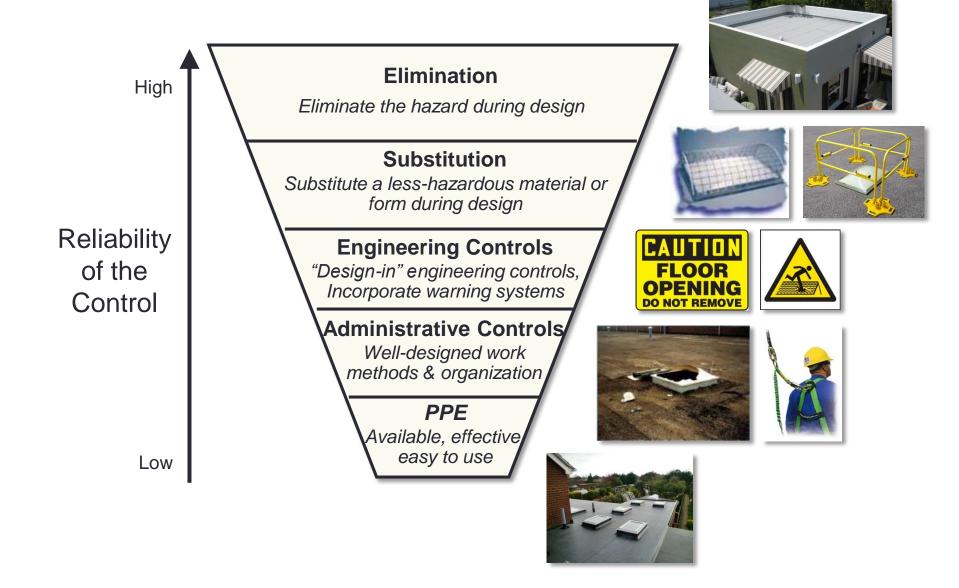


<sup>1</sup> Behm, M., "Linking Construction Fatalities to the Design for Constr. Safety Concept" (2005)

<sup>2</sup> European Foundation for the Improvement of Living and Working Conditions

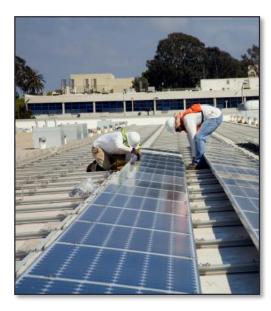
<sup>3</sup> NSW WorkCover, CHAIR Safety in Design Tool, 2001

#### **Hierarchy of Controls**

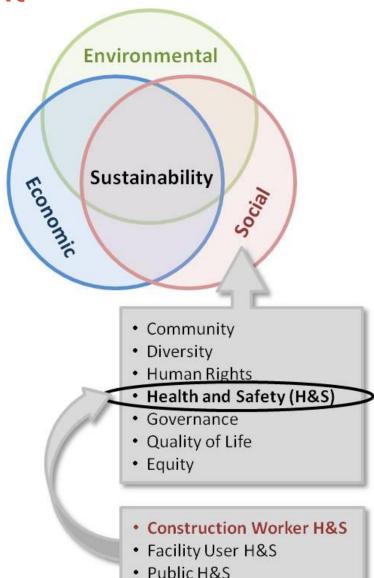


#### Sustainable Development

- USGBC Prevention through Design (PtD) LEED Pilot Credit, IPpc93
  - Safety Design Review
  - Safety Constructability Review

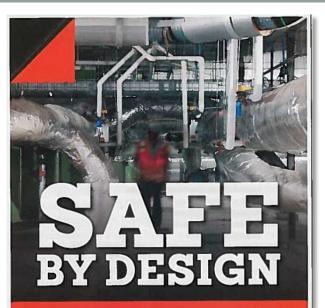






#### Benefits of Prevention through Design (PtD) Implementation

- Reduced site hazards
  - Fewer worker injuries and fatalities
- Increased productivity
- Increased quality
- Fewer delays due to accidents
- Designer-constructor collaboration
- Improved operations/maint. H&S
- Reduced workers' comp. premiums
- Marketing, recognition



AT SOUTHLAND, WE BELIEVE IN
PREVENTION THROUGH DESIGN.

BY INCORPORATING SPECIFIC SAFETY GUIDELINES DURING THE DESIGN PHASE, WE HAVE PIONEERED AN APPROACH TO SAFETY THAT BEGINS THE SECOND OUR DESIGN ENGINEERS PUT PENCIL TO PAPER.

Facusing on safety, we take a holistic approach to your building systems design to lessen the chance of accidents during installation and increase ease of maintenance for the life of your building.

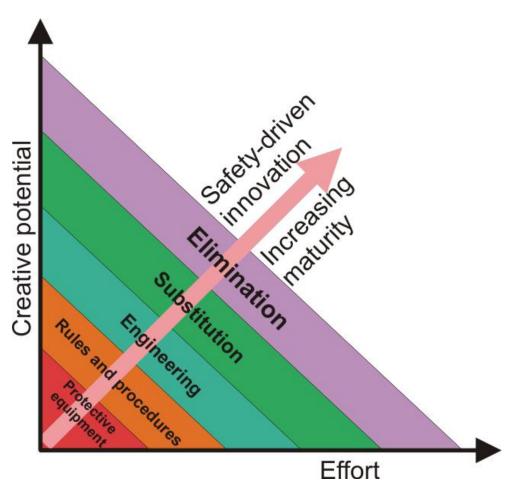
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#### A Driver of Innovation



Source: Culvenor, J. (2006). "Creating Transformational Change through Innovation in Risk Management Keynote Address: 'Creating transformational change through innovation in risk management'." *Risk Management Research and Practice: An Educational Perspective*, Welsh Risk Pool and University of Wales, Bangor, Trearddur Bay Hotel and Conference Centre, Holyhead, Anglesey, UK, March 30-31, 2006.

#### **Expected Impacts**

Survey of design and construction professionals in the UK:

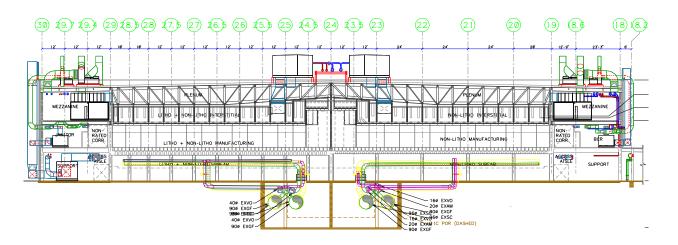
• Change as a result of implementing PtD (% of respondents)

ltem	Decrease	No Change	Increase
Design cost (n=35)	6%	46%	49%
Construction cost (n=38)	34%	24%	42%
Design duration (n=37)	8%	57%	35%
Construction duration (n=39)	38%	44%	18%
Construction quality (n=39)	8%	28%	64%
Construction worker productivity (n=30)	13%	33%	53%
Construction worker health & safety (n=45)	4%	9%	87%
End-user health and safety (n=42)	5%	10%	86%

Source: Final Report, NIOSH PtD in the UK study, May 2013.

#### Inhibitors of PtD Implementation

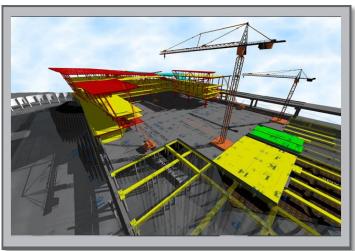
- No or minimal designer education and training in safety
  - Site safety and designing for safety
- Difficult to assess risks during design
- Contractual separation of design and construction
- Cost/time required to implement PtD
- Fear of increased liability
- Competing priorities (e.g., safety vs. cost/schedule)



#### **Enablers of PtD Implementation**

- A committed owner/client
- Positive safety culture
- Design engineer experience and training
  - Construction, maintenance, and safety
- Integrated project delivery methods
- Design/construction visualization tools





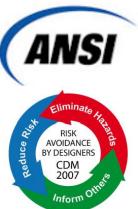
#### **PtD** Initiatives

- NIOSH PtD National Initiative
- OSHA Construction Alliance Roundtable
- ANSI/ASSE PtD Standard Z590.3-2011
- U.K.: Construction (Design and Management) Regulations
- Spain: Royal Decree 1627/1997, "Minimum provisions for health and safety at construction sites"
- Singapore: Design for Safety Pledge, 2012
- Other EU countries, Australia, South Africa, and more









Source:

Gambatese, J.A., "Designing for Construction Safety and Health: From Research to Practice," keynote presentation. *Working Together: Planning, Designing, and Building a Healthy and Safe Construction Industry*, International Council for Research and Innovation in Building and Construction (CIB) W99 Conference, Melbourne, Australia, Oct. 21-23, 2009.

- Education, training, and tools
  - OHS in architecture/engineering education
  - Professional continuing education classes
  - OHS in professional licensure requirements
  - Visualization and work flow tools

$$1 \quad 2 \quad 3 \quad 4 \quad 5 \quad PtD$$

- Right place, right time, right resources
  - OHS review in project development process
  - Integrated project delivery methods
  - Co-locating design and construction staff
  - Supported by owner/client (resources)



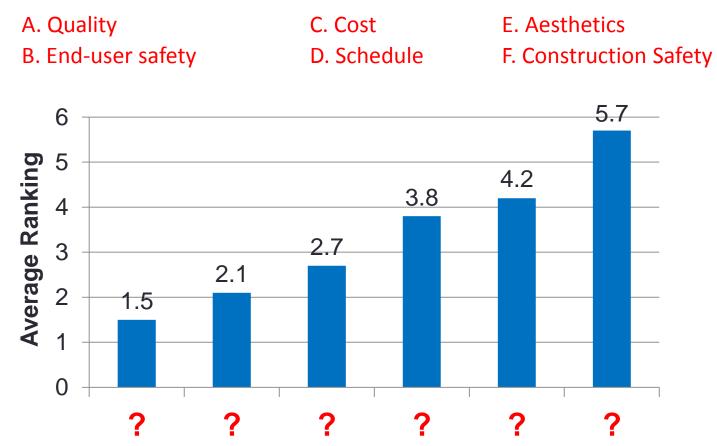
- OHS is a design criterion
  - Part of standard design practice
  - Incorporated into design codes
  - Contractually prescribed by owner/client
  - Required by legislation



- OHS is a high priority
  - Authorization to modify the design for OHS
  - Designing out the hazard is first choice
  - OHS given high priority relative to other project criteria

#### Test your knowledge...

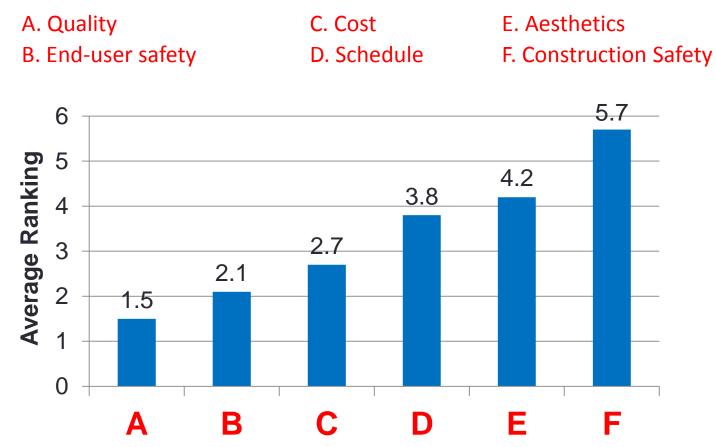
What is the average rank of priority given to each of the following criteria by architects and design engineers (1 = highest ranking; 6 = lowest ranking)?



Source: Gambatese, J., Behm, M., and Hinze, J. (2005). "Viability of Designing for Construction Worker Safety." *Journal of Construction Engineering and Management*, ASCE, 131(9), 1029-1036.

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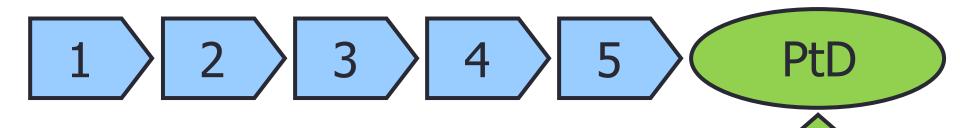
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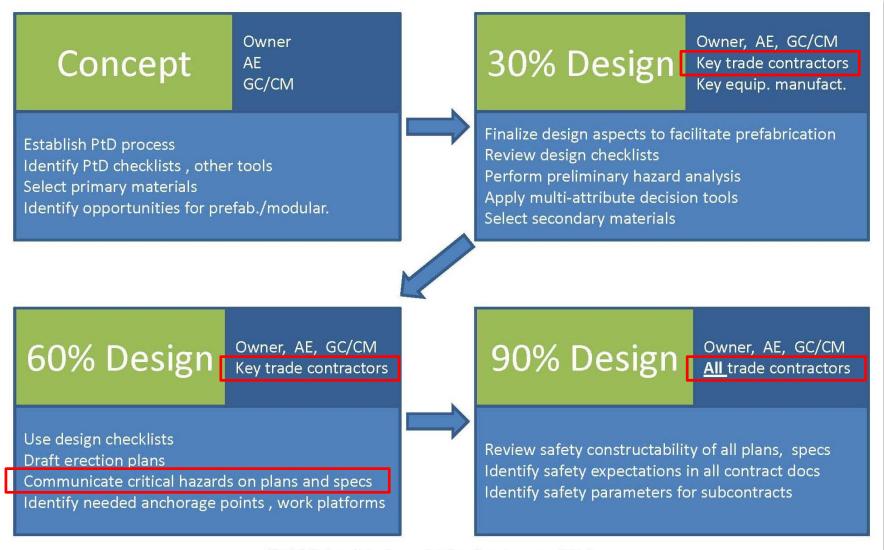


- Designing for OHS has value
  - Lifecycle savings outweigh costs, and economically feasible for designers
  - Improvements in OHS, quality, productivity
  - Morally and ethically responsible
  - Desired by owners/clients (priority)



- Designed for construction safety and health
  - Construction site hazards eliminated/reduced
  - Improvements in OHS, quality, productivity
  - Improvements in maintenance H&S
  - Design and construction integration and collaboration

#### **Planning and Design Process**

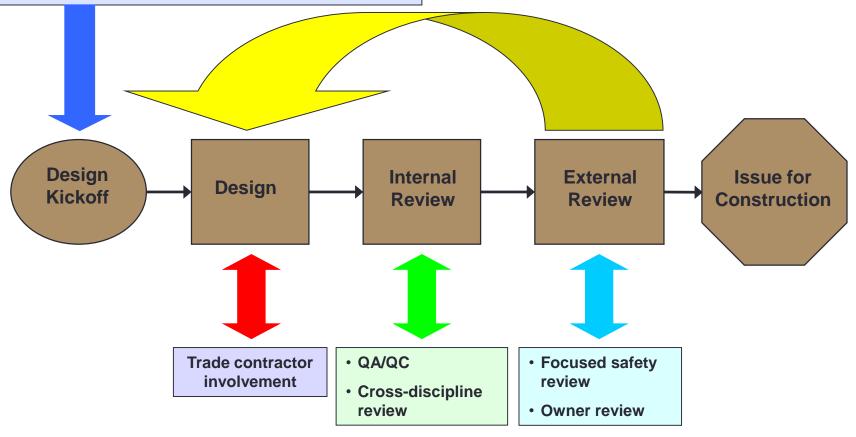


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#### **Design Development**



- Include construction and operation perspective
- Identify design for safety process and tools



Source: Hecker et al., 2005

#### Example PtD Program

- The Haskell Co.: "Safety Alert System" (SAS)
- Designer safety education, training, awareness
- Safety reviews during design
  - All disciplines
  - Identify hazards
  - Incorporate safety suggestions into design
- Safety symbols on design drawings
  - · Alert constructors to safety hazards
  - Include reference to related OSHA standards







#### **Example: BHP Billiton PtD Initiative**

- PtD staff embedded in procurement and design
- Communication and training
- PtD in technical specifications



List of Courses

Projects HSE in Design Module

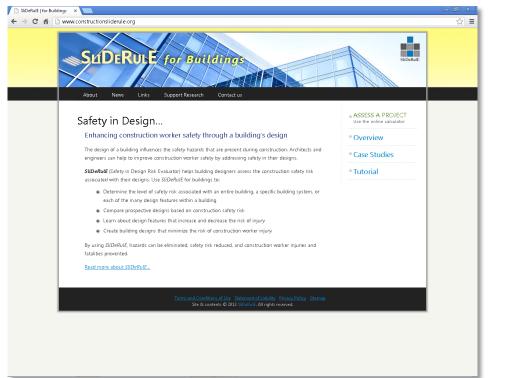
Courtesy of BHP Billiton

#### **Design Risk Assessment**

#### Which is safer to build? How much safer?



#### Steel-framed building

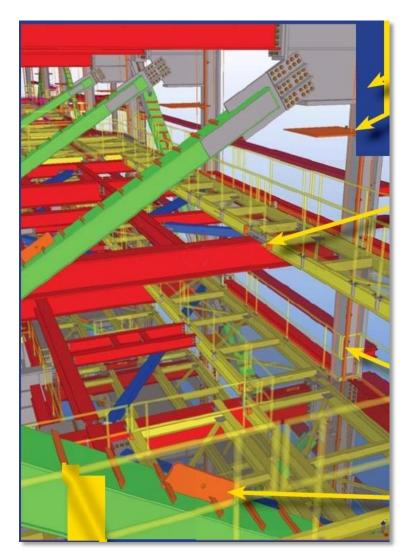




#### Concreteframed building

www.constructionsliderule.org

- Bechtel's steel design process
- PtD elements:
  - Temporary access platforms
  - Lifting lugs
  - Shop installed vertical brace ladders
  - Bolt-on column ladders and work platforms



Graphic courtesy of Bechtel Corp.



Photos courtesy of Bechtel Corp.

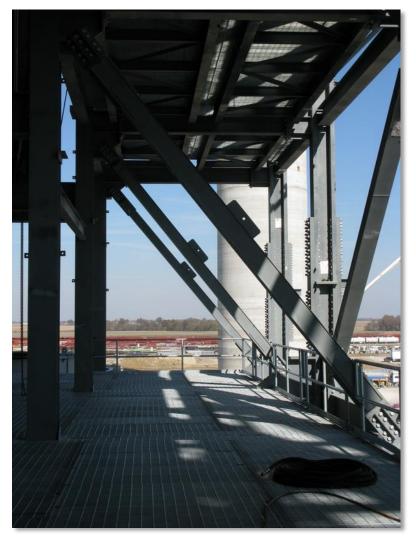


#### Modular platforms





Photos courtesy of Bechtel Corp.



## Brace lifting clips and rungs



Photos courtesy of Bechtel Corp.

#### **Example: Anchorage Points**





Roof anchors

## Panel and guardrail anchor points



#### **Example: Roofs and Perimeters**

#### Skylights





#### Upper story windows

#### Parapet walls



#### **Example: Walking Surfaces**

• Walkable ceiling space for worker access above clean room



#### **Example: Prefabrication**



Steel stairs

#### Concrete wall panels





Concrete segmented bridge

#### **Example: Modularization**

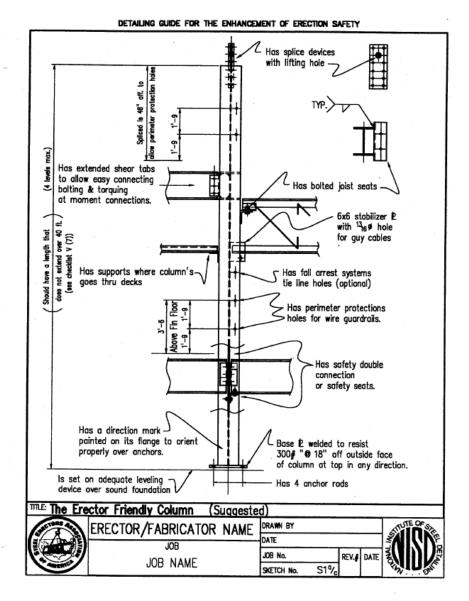
• Modular service risers





#### Example: The Erector Friendly Column

 National Institute of Steel Detailers (NISD) and Steel Erectors Association of America



#### Example: The Erector Friendly Column

- Holes in columns at 21" and 42" for guardrail cables
- Column splices and connections at reasonable heights above floor
- Seats for beam connections



#### **Example: Equipment Design**

### Grinding without engineering controls





Grinding using a vacuum dust collector



#### **Example: Equipment Design**

Jackhammer use without engineering controls





Jackhammer use with water spray to control dust



#### **Example: Equipment Design**

Cutting concrete block without engineering controls





Cutting concrete block with water applied to the saw blade



#### Example: Coatings

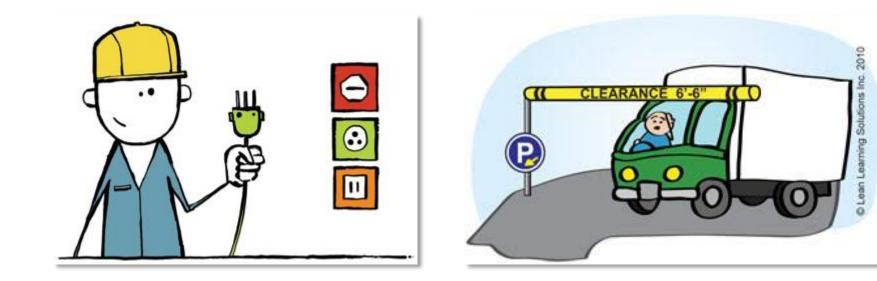
- Non-isocyanate
- Low volatile organic compounds (VOC)







#### Example: Poka-yoke (mistake-proofing)



#### **Example: Buffers**





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- Questions? Comments?
- For more information: john.gambatese@oregonstate.edu

